SOP: Propagation of Normal Human Periodontal Ligament Fibroblast Cells

(Lonza Bioscience)

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Ordering Information

Normal Human Periodontal Ligament Fibroblast Cells (HPdLF) may be ordered as frozen ampoules. The frozen ampoules contain $>5 \times 10^5$ cells.

To order frozen ampoules + media:

Name: HPdLF- Normal Human Periodontal Ligament Fibroblast Cells

Item #: CC-7049 (HPdLF - Cryopreserved ampoule)

CC-3205 (SCGMTM BulletKit® = CC-3204 + CC-4181)

Notes:

The number of BulletKits purchased depends on the target number of cells to be generated. A rule of thumb is 10 BulletKits for every initial T225 flask of cells. It is strongly recommended to purchase all of the media that will be required for a complete expansion series, since media supply may be erratic.

Materials List

- 1. Cell-type specific medium (BulletKits Lonza Bioscience)
- 2. T75, T225 culture flasks
- 3. Graduated pipets (1, 5, 10, 25, 50mL)
- 4. Pen-Strep solution (if required; Lonza typically supplies antibiotics)
- 5. Phosphate Buffered Saline (1X PBS) (Cellgro, Cat# 21-040-CM)
- 6. Accutase Enzyme Cell Detachment Medium (EBiosciences Cat# 00-4555)
- 7. Hemocytometer
- 8. Micropipet w/ P20 tips
- 9. Microscope

Procedure

A. Initiation of culture from cryopreserved cells

- 1) Rapidly thaw cells by holding vial and gently rotating in a 37°C water bath.
- 2) As soon as ice crystals disappear, swab outside surface of the ampoule with 70% ethanol, then dispense contents of the vial into a flask at 3,500 cells/cm² density.
- 3) Let cells recover for 16 hours in a 37°C, 5% CO₂ humidified incubator.
- 4) The next morning, the diluted DMSO-containing shipping/cryopreservation medium is aspirated from the cell layer and replaced with fresh medium.

B. Sub-culture

1) Propagate cells until density reaches 60-80% confluence.

- 2) Aspirate medium.
- 3) Wash cells with warm 1X PBS.
- 4) Add 15mL of Accutase and return to incubator for 10-15 minutes, or until cells detach.
- 5) Immediately remove cells, rinse flask with warm 1X PBS to collect residual cells, and pellet at 500 x g for 5 minutes (4°C).
- 6) Gently re-suspend cell pellet in warm medium.
- 7) Count cells with hemocytometer.
- 8) Add warmed medium to flasks.
- 9) Seed flasks at 3,500 cells/cm² density.
- 10) Record each subculture event as a passage.

C. Maintenance

- 1) Change media the day after seeding and every OTHER day thereafter.
- 2) Increase media volume as confluency increases (volumes assume the use of T225 flasks):
 - a. $25\% = 1 \text{mL/5 cm}^2$
 - b. $25-45\% = 1.5 \text{mL/} 5 \text{ cm}^2$
 - c. $45\% + = 2mL/5 \text{ cm}^2$.
- 3) Per the above an exemplary schedule might be:
 - a. day 1, plate into T225: use 50mL of media.
 - b. day 2, change media, use 50mL of media
 - c. day 4, change media, use 100mL of media (if confluency is >50%)
 - d. day 6, change media, use 100mL of media (or harvest if ready)
 - e. day 7 or 8 (harvest when cells reach 6 x 10⁶ cells/flask).

D. Harvest

- 1) Pass cells 3-4 times until the desired cell number is achieved (primary cells will senesce after 4-5 passages).
- 2) Remove cells from flasks according to protocol described above under 'Sub-culture'.
- 3) Examine viability using Trypan blue staining (SOP TP-7).